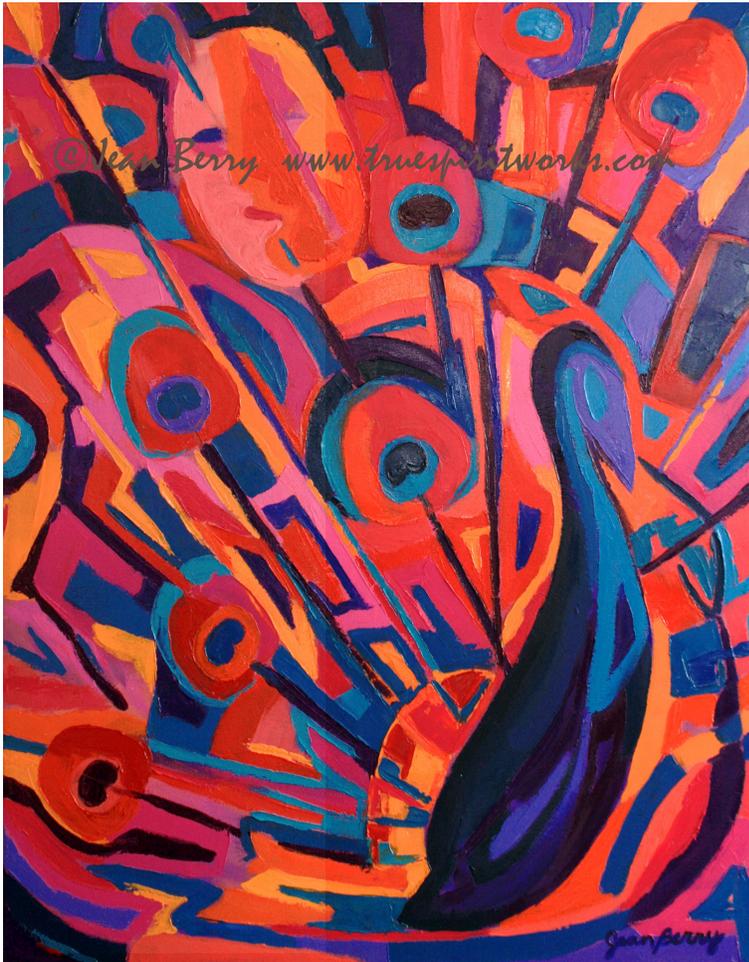


Peacock Paradise

This painting is on oil on canvas called Peacock Paradise. It's one of the first peacocks that showed up in one of my paintings. When I created it, I also did intuitive writing about it, the themes that showed up were empowerment, removing the masks that have us not take action and aligning lower chakra energies with the upper chakras to make actions easier.

Original Auto Writing & Image



The peacock calls us to 'open up our plumage' (passions) for all to see. The color selection of red/magenta, gold and orange are aligned with lower chakras, 1, 2, & 3. The blue and violet represent the top two chakras 6 & 7. They are designed to vibrate together so it creates energy in the field around it so they all work together balancing the chakras of those standing in it's space.

There is a masked face as part of the peacock's feathers. The mask represents discarding the things we do to please others or to look good or following false callings.



Here is a Short Meditation for Clarity on Your Passions:

Get in a comfortable position.

Hold or hang the image of Peacock Paradise in front of you.

Take three deep breaths holding for a moment at the top and bottom of each breath.

Look at the a red spot on the painting and imagine aligning your body with red.....whatever that looks like for you.

Look at a golden spot on the painting and imagine aligning your body with gold.

Look at an orange spot on the painting and imagine aligning your body with orange.

Look at a blue spot and imagine aligning your body with blue.

Look at a violet spot and imagine aligning your body with violet.

Now softly focus on the entire painting, and let all the colors on the painting vibrate together. You may notice colors coming forward and receding. Let the painting do the work of aligning your chakras for you.

Stay in this soft focus for as long as you desire.

Next, ask, What does the Peacock energy have tell me about true passions?

Now ask, What does the plumage have to share with me about opening up to living in my passions more deeply?

Lastly ask, What mask that I am wearing, can I discard to live my passion more fully?

Feel free to jot down your answers as they are revealed to you.

Take another moment to take 3 deep breaths and close your eyes. Feel the integration of your chakra alignment and of what you have learned.

Open your eyes and take any inspired action that was shown to you!



Wrap Up

As with all my paintings, this painting is infused with intention to empower and support the viewer, inviting them to engage and explore their inner thoughts & feelings as well as examine a higher purpose. Each viewer is invited to create their own interpretation and support that the painting elicits for them.

I love to hear what you see in the painting and the shifts you experience with the viewing and meditation!

Please email me at jean@jeanberrypresents.com

If you would like to view more of my paintings, [you can find them here](#).

Many of the paintings are available as originals & prints on canvas. (Because of the colors used in this painting, it is not available as a print at this time, the original is still available!)